

**GALLATIN HIGH SCHOOL**  
**Gallatin, Tennessee**

**DRUG EDUCATION AND TESTING POLICY AND PROCEDURES**

**PURPOSE:**

Gallatin High School is concerned with the physical well being of its students, including those who participate in athletics. While the misuse of drugs is a potential problem for all students, unique pressures and risks exist for the student-athletes, and their use of drugs will not be tolerated. The term "student athlete" also includes members of the cheerleading squads for the purposes of the Gallatin High School Drug Education and Testing Policy and Procedure.

The primary purposes of the drug education and testing policy and procedures for student-athletes are:

1. To employ education, testing, and counseling to deter drug use; and where deterrence is not successful, to terminate participation in athletics.
2. To educate those students on the physiological and psychological dangers inherent in the misuse of drugs and alcohol.
3. To protect those students from the health related risks inherent in the misuse of drugs and alcohol.
4. To protect those students, and others, from whom they compete, from potential injury because of the misuse of drugs and alcohol.
5. To remove the stigma of substance abuse from those student athletes who do not misuse and/or abuse drugs or alcohol.
6. To provide a testing program to identify student-athletes who are improperly using drugs and to assist them, through education and counseling before they injure themselves or others or become physiologically or psychologically dependent.
7. To reassure athletes, parent, and the community that the health and academic progress of each of its student-athletes is Gallatin High School's primary goal.

**TEST RESULTS:**

The following results of the drug tests will be forwarded to the team physician and the following action will be taken:

1<sup>st</sup> positive - The head coach, principal, and parent(s)/guardian(s) will be notified and the athlete and parent(s)/guardian(s) will be counseled by the head coach and/or team physician concerning the assistance that is available and the consequences of any subsequent positive test results. The athlete will be given another drug test beyond the half-life of the drug(s).

2<sup>nd</sup> positive - The head coach, principal, and parent(s)/guardian(s) of the athlete will be notified of the positive test results. A mandatory counseling program with a drug counselor will be recommended. The student will be suspended from practice and athletic competition immediately. The student may apply to the principal and head coach for reinstatement of his eligibility for practice and competition only after negative test for drug and the successful completion of an approved drug-counseling program.

## **EDUCATION:**

1. At the time of their initial participation and annually thereafter, the student-athletes will be advised in writing of the purposes and procedures of the drug education and testing program.
2. Educational seminars on drug and alcohol abuse will be made available to all athletes at least once a semester and will be presented by professional and/or experienced drug educators or counselors

## **SUPERVISION AND EVALUATION:**

The Drug Education and Screening Committee will have overall supervisory responsibility for this program. The Committee will consist of the Principal, the athletic director, a certified athletic trainer, the team physician, and a senior counselor.

Meeting each May, the Drug Education and Screening Committee will make an evaluation of the program. The evaluation will include the effectiveness of the educational counseling program, procedural safeguards, and testing procedures.

The committee will hear all applications for reinstatement. A vote by proxy or in absentia is not permissible. All decisions of the committee will be final, and the athlete and parent(s)/guardian(s) must agree to accept such decisions.

## **DRUG TESTING PROCEDURE:**

The student will be subject to testing for the use and/or abuse of illegal or controlled substances as well as prescription and over-the-counter substances, drugs, or medications. Student-athletes who are under the care of a physician and must take a prescribed medication must provide a letter from that physician for the team physician. This letter should demonstrate a documented medical history indicating a need for the regular use of the drug as a part of that care. Testing will be accomplished by the analysis of urine specimens obtained from the student under the direction of the head coach or team physician. The testing procedures will ensure that the specimen being analyzed is identified with the appropriate student and that the purity of that sample is maintained. A professional laboratory selected by the team physician will conduct all chemical analyses.

## **FREQUENCY OF TESTING:**

1. All athletes will be subject to testing at the time of their Pre-Participation Physical. **(This is the only drug test that will be announced prior to testing.)**
2. All athletes will be subject to random drug testing throughout the year.
3. All past activities will be subject to further drug testing throughout the year.
4. An athlete can be tested whenever medically warranted.